

# Guidelines for the use of Artificial Intelligence in the life of a Christian

By Charlie Tupitza and guidance from many.

Version 2.5 11/20/25

*Please find the following sections in this living document:*

- A. Guidelines for AI use in a Christian life,
- B. *"Seeking Wise Counsel for Your Walk with Christ in the Age of Artificial Intelligence"*  
*a Five-part study series,*
- C. Leaders Guide for the series.

Please provide information on how you use this and guidance for improvement to [ai@rightexposure.com](mailto:ai@rightexposure.com).

This is a living document seeking continual improvement. Versions of Biblical references found in the document have been changed by some. It is being currently used in counseling, sermons, school classrooms, and small groups of youth and adults and has been adopted for use across several denominations.

Please pray for Gods voice to be heard in this writing, not the author, not AI.

*"I have decades of experience addressing cyber and physical threats across major critical-infrastructure sectors, serving alongside leaders in both commercial and federal communities. We can become vulnerable when we place too much trust in technology without grounding ourselves in wisdom and discernment.*

*As the world wrestles with increasingly complex technical issues, this paper offers simple, practical steps to help individuals and families navigate the influence of AI with clarity, responsibility, and Biblical wisdom, strengthening not only our digital safety, but also our walk of faith within the communities we are called to serve."*

Charlie Tupitza

# Guidelines for AI Use in Christian Life

V2.5 – 11/09/25

## Summary

*AI can be a helpful tool for organizing, summarizing, or even prompting us in our devotions.  
There are real dangers if we lean on it too heavily.*

*At its best, AI can be like a study aid, similar to a concordance, commentary, or devotional guide.  
**But!** There is danger when it becomes a crutch, replacing prayerful reading and the Spirit's guidance.*

## Consider These Points as You Utilize Artificial Intelligence

### 1. Substituting human relationship with God

- Devotion is meant to be a direct conversation with the Lord through His Word and prayer. If we let AI do the heavy lifting, we may lose the personal wrestling, listening, and responding that God desires from us.

### 2. Shallow engagement

- AI can summarize Scripture or suggest reflections, but it can't replace the Spirit's work of conviction, revelation, and transformation. Depending on it too much can leave us with "secondhand" faith insights rather than the richness of firsthand discovery.

### 3. Risk of error or distortion

- AI tools aren't perfect, and sometimes they mix truth with error. Without discernment, we might absorb inaccurate interpretations or lose the depth of the original text.

### 4. Weakening spiritual disciplines

- Struggling through Scripture, meditating, journaling, and praying are disciplines that shape us. If AI makes things too "easy," we may miss the growth that comes from effort and perseverance.

### 5. Distraction from intimacy

- AI responses can feel polished and quick, but devotion is not about efficiency, it's about our relationship with God. Relying on AI might shift our focus toward consuming insights rather than abiding in Christ.

### 6. Temptation to let AI "speak for God"

- The Spirit is the true Teacher. If we aren't careful, we might unconsciously start to trust AI's output as if it carries divine authority, which it does not.

## AI Guardrails for Use in Devotional Life

### 1. Keep Scripture central

- Always start with God's Word itself, not the AI's summary or interpretation.
- Read, meditate, and pray over the text first, then use AI only to help with context, background, or questions you're wrestling with.

### 2. Test everything against Scripture

- 1 Thessalonians 5:21: "Test everything; hold fast what is good."
- If AI suggests an interpretation or application, weigh it carefully against the Bible.

### 3. Guard your prayer life

- AI can suggest prayers, but don't let it replace your own words to God.
- Speak honestly with the Lord from your heart, even if the words feel simple.

### 4. Use it as a tool for study, not for intimacy

- Treat AI like you would a commentary, study Bible, or concordance.
- Use it to clarify historical or cultural context but let your devotion be Spirit-led and personal.

### 5. Prioritize silence and reflection

- Set aside AI completely during your actual quiet time.
- Use it afterward only if you need deeper study or to explore questions that arose.

### 6. Stay alert to dependency

- If you notice you can't open your Bible without first asking AI for help, it's time to step back.
- Make space for raw engagement with God, even when it feels difficult or "dry."

### 7. Invite the Spirit first

- Begin with prayer like: "Lord, teach me through Your Word and guard me from distraction or error. Let any tool I use serve You, not replace You."

**Pray first** – Ask the Holy Spirit to guide your heart and mind

**Read Scripture directly** – Start with God's Word before any outside help.

**Reflect personally** – Pause, listen, and write down your own thoughts.

**Pray honestly** – Speak to God in your own words, not AI's.

**Use AI (if needed) as a study aid** – Only after engaging the text yourself.

**Test all insights** – Measure every idea against Scripture.

**Return to silence** – End by resting in God's presence without distraction.

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# Seeking Wise Counsel for Your Walk with Christ in the Age of Artificial Intelligence

*A five-part study and discussion series*

## Purpose:

To help believers navigate the opportunities and challenges of AI with biblical wisdom, humility, and accountability, guided by the Holy Spirit and the counsel of the wise.

## Audience:

It's written for adults or mixed professional/faith groups exploring technology, leadership, and discernment through a biblical lens.

Each session includes:

- A theme verse
- A brief reflection
- Discussion questions for personal or group use
- A prayer focus

## Session 1 – The Foundation of Wisdom

**Key Verse:** *“The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding.” Proverbs 9:10 (NIV)*

### **Reflection:**

Every decision, technological or spiritual begins with reverence for God. AI may give us faster answers, but true understanding comes only from aligning our hearts with God’s character. Before we trust a tool, we must first trust the One who gives wisdom generously to all who ask.

### **Discussion Questions:**

1. What does it mean to “fear the Lord” in today’s digital world?
2. How do you seek God’s wisdom before making major decisions, especially when using new technology?
3. What dangers arise when knowledge advances faster than wisdom?

### **Prayer Focus:**

Ask God to center your pursuit of innovation and knowledge in humility, worship, and dependence on His Spirit.

## Session 2 – The Blessing of Many Advisers

**Key Verse:** *“Without counsel plans fail, but with many advisers they succeed.”*  
**Proverbs 15:22 (ESV)**

### **Reflection:**

AI offers the illusion of certainty, that one algorithm can “solve” problems. Yet Scripture reminds us that success comes through *many advisers*. True discernment is communal, not mechanical. God designed wisdom to be shared, across generations, professions, and spiritual gifts.

### **Discussion Questions:**

1. Who are the “wise advisers” in your life? How do they influence your decisions?
2. How might AI make people less likely to seek human counsel?
3. What are practical ways your church, workplace, or family could form “wisdom circles” for complex decisions?

### **Prayer Focus:**

Pray for humility to invite input and courage to listen deeply to wise, godly voices.

## Session 3 – The Counsel We Keep

**Key Verse:** *“Blessed is the one who does not walk in the counsel of the wicked.”*  
**Psalm 1:1 (NIV)**

### **Reflection:**

The Bible doesn’t just tell us to seek counsel; it warns us to seek the *right* counsel. AI reflects the data and values it’s built upon. If those inputs are biased or unethical, its guidance will be too. As believers, we must test the “voices” influencing our choices, both human and artificial, against Scripture and the fruit of the Spirit.

### **Discussion Questions:**

1. How do you discern whether advice, from people, media, or AI, aligns with godly values?
2. What are the risks of allowing convenience to replace discernment?
3. How can Christians model ethical and faithful use of technology in their communities?

### **Prayer Focus:**

Ask God to purify your sources of information and to help you discern truth from deception.



## Session 4 – Accountability and Correction

**Key Verse:** *“Listen to advice and accept discipline, and at the end you will be counted among the wise.”*  
*Proverbs 19:20 (NIV)*

### **Reflection:**

AI systems learn from feedback, and so do people. Wisdom grows when we are willing to be corrected. Accountability keeps us from pride and error, especially when managing powerful tools. Just as code must be tested, our decisions must be examined in the light of godly counsel.

### **Discussion Questions:**

1. How do you respond when someone challenges your decision or viewpoint?
2. In what ways can technology make it harder to accept correction?
3. What safeguards or mentors help you stay grounded and accountable in your work or ministry?

### **Prayer Focus:**

Pray for a teachable spirit, one that values correction as a pathway to maturity and integrity.

## Session 5 – Wisdom for a New Age

**Key Verse:** *“If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault.” James 1:5 (NIV)*

### Reflection:

AI can analyze data, but it cannot pray. It can simulate creativity, but it cannot seek God. The world is hungry for quick answers, yet Scripture calls us to *seek wisdom generously given by our Creator*. As AI reshapes our lives, let us be people whose ultimate guidance comes not from algorithms, but from abiding in Christ, the very Wisdom of God (1 Corinthians 1:24).

### Discussion Questions:

1. How can believers model faithful innovation, using AI as a tool, not a substitute for discernment?
2. What practices help you stay rooted in prayer and Scripture amid rapid change?
3. How can the church become a center of “wise counsel” for the digital age?

### Prayer Focus:

Ask the Holy Spirit to fill you with wisdom that transcends knowledge, wisdom that reflects God’s truth, compassion, and justice in every technological frontier.

### Series Wrap-Up Thought

AI can enhance our work, but only wise counsel can shape our hearts.

The future will be defined not by what machines can do, but by how faithfully God’s people discern what *should* be done.

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# Leader's Guide

## Seeking Wise Counsel in the Age of Artificial Intelligence

Each session includes:

- **Objective** – what participants should gain
- **Key Scriptures** – core verses plus optional supporting passages
- **Facilitator Notes** – teaching tips and background
- **Discussion Guide** – questions with leader prompts
- **Prayer & Takeaway** – how to close

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### Leader's Guide Overview

This 5-session series equips believers to use emerging technologies wisely and faithfully, emphasizing humility, accountability, and godly counsel in decision-making.

**Ideal format:** 45–60 minutes per session

**Audience:** Church groups, workplace fellowships, or faith-and-technology roundtables

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# Leaders Guide

## Session 1 – The Foundation of Wisdom

**Objective:** Recognize that wisdom begins with reverence for God, not human intelligence.

**Key Scripture:**

- **Proverbs 9:10** (NIV) The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding.

**Supporting Passages:**

- **James 3:17** (NIV) But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.
- **Proverbs 2:6** For the Lord gives wisdom; from his mouth come knowledge and understanding.

**Facilitator Notes:**

- Contrast “knowledge” (data, facts, AI capability) vs. “wisdom” (right use of knowledge).
- Emphasize that technology amplifies both virtue and error depending on who wields it.

**Discussion Guide:**

1. *What does “fear of the Lord” mean practically?* Respect, dependence, moral alignment.
2. *How do you pause for discernment before relying on technology?* Encourage prayer or counsel habits.
3. *Where have we seen knowledge outpace wisdom in our culture?*

**Prayer & Takeaway:**

Pray for hearts that value God’s character above innovation.

**Takeaway:** Wisdom is not discovered by machines; it is revealed by God.

# Leaders Guide

## Session 2 – The Blessing of Many Advisers

**Objective:** Show that collective discernment yields stronger, safer decisions.

**Key Scripture:**

- **Proverbs 15:22** (NIV) Plans fail for lack of counsel, but with many advisers they succeed.

**Supporting Passages:**

- **Ecclesiastes 4:9-10** (NIV) <sup>9</sup>Two are better than one, because they have a good return for their labor: <sup>10</sup>If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.
- **Proverbs 24:6** (AMP) For by wise guidance you can wage your war, And in an abundance of [wise] counselors there is victory *and* safety.

**Facilitator Notes:**

- Illustrate with a real-world example: a company or ministry that sought multiple expert views before adopting AI.
- Point out that community prevents “echo chambers.”

**Discussion Guide:**

1. *Who do you trust for wise counsel?*
2. *How could AI tools tempt us to bypass human relationships?*
3. *Design a “wisdom circle” concept for your team or church.*

**Prayer & Takeaway:**

Pray for humility to seek input.

**Takeaway:** Wisdom multiplies in community; isolation breeds error.

# Leaders Guide

## Session 3 – The Counsel We Keep

**Objective:** Teach discernment between godly and ungodly sources of influence.

**Key Scripture:**

- **Psalm 1:1 (AMP)** <sup>[a]</sup>Blessed [fortunate, prosperous, and favored by God] is the man who does not walk in the counsel of the wicked [following their advice and example], Nor stand in the path of sinners, Nor sit [down to rest] in the seat of <sup>[b]</sup>scoffers (ridiculers).

**Supporting Passages:**

- **1 Corinthians 15:33 (NIV)** Do not be misled: “Bad company corrupts good character”.
- **Proverbs 12:15 (NIV)** The way of fools seems right to them, but the wise listen to advice.

**Facilitator Notes:**

- Discuss bias: data reflects human values.
- Explore how Christian ethics can shape responsible AI use.

**Discussion Guide:**

1. *What standards do you use to test advice or information?* Scripture, fruits of the Spirit, trusted mentors.
2. *How might convenience lure us into uncritical trust of technology?*
3. *How can Christians model discernment publicly (social media, workplace)?*

**Prayer & Takeaway:**

Pray for discernment and courage to reject ungodly counsel.

**Takeaway:** Not all guidance is good; test every “voice” against God’s truth.

# Leaders Guide

## Session 4 – Accountability and Correction

**Objective:** Cultivate teachability and the discipline of correction.

**Key Scripture:**

- **Proverbs 19:20** (NIV) Listen to advice and accept discipline, and at the end you will be counted among the wise

**Supporting Passages:**

- **Proverbs 27:17** (AMP) As iron sharpens iron, So one man sharpens [and influences] another [through discussion]
- **Hebrews 12:11** (NIV) No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

**Facilitator Notes**

- Compare “debugging code” to “examining the heart.”
- Note how feedback loops in AI mirror spiritual accountability among believers.

**Discussion Guide:**

1. *Why do we resist correction?*
2. *How can we build accountability into digital decision-making?*
3. *Share a time when correction saved you from a costly mistake.*

**Prayer & Takeaway:**

Pray for receptive hearts and integrity.

**Takeaway:** Correction refines; pride corrupts.



# Leaders Guide

## Session 5 – Wisdom for a New Age

**Objective:** Anchor innovation in prayer and dependence on God's wisdom.

**Key Scripture:**

- **James 1:5** (NIV) If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

**Supporting Passages:**

- **1 Corinthians 1:24** (NIV) but to those whom God has called, both Jews and Greeks, Christ is the power of God and the wisdom of God.
- **Micah 6:8** (NIV) He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly<sup>[a]</sup> with your God.

**Facilitator Notes:**

- Reinforce: AI can assist, not replace, Spirit-led discernment.
- Invite reflection on stewardship, using technology for good works and justice.

**Discussion Guide:**

1. *How do we remain prayerful amid rapid technological change?*
2. *What principles guide faithful innovation?* (e.g., transparency, service, protection of the vulnerable)
3. *What role can the church play in shaping ethical technology use?*

**Prayer & Takeaway:**

Close with collective prayer for leaders in technology, government, and the church.

**Takeaway:** Ask God daily for wisdom that surpasses knowledge and leads to love in action.

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## Final Wrap-Up for Leaders

- Encourage participants to journal insights from each session.
- Consider ending with a panel or open forum inviting professionals in tech, ministry, and ethics to share real examples.
- *Suggest memorizing **Proverbs 15:22** as a guiding verse for future decisions.* (NIV) Plans fail for lack of counsel, but with many advisers they succeed.